



Newport-Mesa Unified School District Nutrition Services Frequently Asked Questions

How do I apply for the National School Lunch Program (NSLP)?

Applications for free and reduced price meals are available throughout the year online at www.heartlandapps.com, at the school site office and at the Nutrition Services office. Parents may file applications online or request an application packet be mailed to their home by calling 714-424-5090. Paper applications may be returned to the school site office, school cafeteria or the Nutrition Services office. Parents or guardians of students eligible to receive CalFresh and CalWORKS benefits need to fill out an application, and will qualify for free meals.

2018-2019 NSLP Eligibility Guidelines

Income Eligibility Guidelines (IEGs)					
July 1, 2018–June 30, 2019					
Use the income chart below to see if you qualify for the free or reduced-price meal program					
Household Size	Annual	Monthly	Twice Per Month	Every Two Weeks	Weekly
1	\$22,459	\$1,872	\$936	\$864	\$432
2	\$30,451	\$2,538	\$1,269	\$1,172	\$586
3	\$38,443	\$3,204	\$1,602	\$1,479	\$740
4	\$46,435	\$3,870	\$1,935	\$1,786	\$893
5	\$54,427	\$4,536	\$2,268	\$2,094	\$1,047
6	\$62,419	\$5,202	\$2,601	\$2,401	\$1,201
7	\$70,411	\$5,868	\$2,934	\$2,709	\$1,355
8	\$78,403	\$6,534	\$3,267	\$3,016	\$1,508
For each additional household member add	\$7,992	\$666	\$333	\$308	\$154

Do I need to fill out a separate application for each child?

No, only one application is needed per family. Please be sure to list all of your children on the application.

How do I find out the result of my application?

Parents or guardians are notified by mail.

Do I need to re-apply each school year for free/reduced lunches?

Yes, a new application is needed each school year. If you do not fill out a new application, you will need to pay full price for your child's lunch.

How much do meals cost?

- Reduced price breakfast \$.30; reduced price lunch \$.40
- Elementary full price breakfast \$1.50; secondary full price breakfast \$1.75
- Elementary full price lunch \$3.25; secondary full price lunch \$3.75
- **Exception:** All meals at Adams, College Park, Pomona, Rea, Whittier, Wilson and Tewinkle schools are served at no cost to students.

How do I pay for meals?

Students may pay cash for meals or place money on their account. Prepayment may be made online through www.myschoolbucks.com or students and/or parents may make prepayments (cash or check) at the school site office, school cafeteria or Nutrition Services office. Money will be posted to the student's account within 24 hours.

How do I access the meal program at Elementary schools?

Meal cards for elementary students are kept in the cafeteria area at all times. The cards are placed in a card rack separated by teacher name or room number. A teacher, teacher's aide or designated student monitor distributes cards to students at mealtime. **Exception:** No lunch cards are used at Adams, College Park, Pomona, Rea, Whittier and Wilson.

How do I access the meal program at Secondary schools?

At the point of service, the student (either at their home school or a visiting student) enters his / her student ID number on a pin pad or scans his / her student card.

Are meals provided when students go on a field trip?

Field trip meals are available to all students eligible for free or reduced price meals and are available for purchase by all other students.

Where can I find the menu?

<http://web.nmusd.us/applications>

If you have any other questions, please contact the Nutrition Services Office at (714) 424-5090.